

Study Habits

Grade Level	Seventh
Minimum Time Required	50 Minutes
Materials/Resources	Handout
Subject Area(s)	Guidance

Project Description:

1. Ask students to think about their grades in the 6th grade and their current grades. What grades need to be improved? Usually we can link poor grades to study habits and not preparing for exams.
2. Ask each student to evaluate themselves on the “Good and Poor Study Habits” handout.
3. Afterwards, have them write a plan for how to improve on the areas that need it. Students can share their plans with the class if you feel it would benefit other students to know how their classmates intend to change their study habits.

Career Development Standard	Knowledge of the benefits of educational achievement to career opportunities.
Career Development Indicator	Describe a plan of action for increasing basic educational skills.
Delivery Level	Review
Academic Standards	
Language Arts	2.1.a Apply appropriate conventions of language in written work. 2.2.a Determine and use the appropriate organization based on the established writing purpose and intended audience. 2.4.a Write to clarify what is known about various topics. 2.4.b Write to synthesize, interpret, and use new information. 4.1.b Present oral information in a logical and coherent manner.
Employability/SCANS Skills	Thinking Skills Basic Skills
Assessment/Rubric	Students will be evaluated on their writing assignment..

Submitted by: Career Kits for Kids-Grade 7

Good and Poor Study Habits

Identify each of the following study habits as being good or poor. Then in the appropriate column, write “always”, “sometimes”, or “never” to indicate how often you practice each habit.

Good Habits	Poor Habits	Study Habits
		1. Take notes in class
		2. Take notes when you read assignments
		3. Study in a cluttered area
		4. Follow directions
		5. Gather all the supplies you need before you start to study
		6. Study in an area where you will be distracted
		7. Set priorities for your time
		8. Put off big assignments until the last day
		9. Do all your studying the night before a test
		10. Work in an area that is quiet and relaxing
		11. Study and review the easy parts first
		12. Do what must be done first
		13. Study the tough parts last
		14. Try to do two activities at the same time
		15. Study when you are rested
		16. Take a few moments after you study to think about what you studied
		17. Study while watching TV
		18. Do a little each day on big assignments that are due in a week or more